

# ASANA

## SPA

ASANA SPA CIRCUIT FOR ADULTS (EXCLUSIVE SCHEDULES)	13€
ASANA SPA CIRCUIT FOR KIDS OVER 4 YEARS (EXCLUSIVE SCHEDULES)	5€

### MASSAGES

RELAXING MASSAGE	50min 57€ / 80min 87€
BACK MASSAGE	30min 42€ / 50min 67€
SPORTS MASSAGE	50min 67€
MIXED RELAXING/SPORTS MASSAGE	50min 62€ / 80min 92€
REFLEXOLOGY	45min 50€
INDIAN HEAD MASSAGE	30min 42€
TIRED LEGS	45min 50€
REVITALISING FACIAL MASSAGE	30min 45€
HOT STONES MASSAGE	60min 75€
SPECIAL PREGNANCY MASSAGE	50min 62€
MASSAGE FOR KIDS (UP TO 12 YEARS)	30min 35€

### BEAUTY

FACIAL TREATMENT ( ARÔMS NATUR)	50min 65€
Cleaning lotion & floral wáter, scrub, cleaning mask, serum, massage, alginate mask.	

### ASANA TREATMENT by Arôms Natur

RITUAL OF ROSES ( BODY MASSAGE AND FACIAL MASK)	50min 65€
Relaxing full body massage with rosewood essential oil, accompanied by a facial mask of alginates and Bulgarian rose floral water. A real treat for the skin.	

CHOCOLATE DREAMS ( BODY WRAP AND FACIAL TREATMENT)	50min 65€
Body wrap with warm chocolate and mandarin essential oil, followed by a revitalising vitamin C facial massage. Deeply nourishes and illuminates the skin.	

LADY OF DAWN (LOCAL MASSAGE AND BODY SCRUB)	50min 65€
The treatment begins with a deep massage of the back, neck and shoulders, followed by an exfoliation and deep hydration of the skin with flower petals and essential oils. Ideal for people with stress and nervous tension.	

ROYAL ASANA RITUAL (FACE AND BODY TREATMENT)	80min 85€
Treatment designed for complete wellbeing. Exfoliation of the skin with laminaria salt and grape seed oil, leaving the body prepared for a relaxing massage with our best essences. An authentic journey through the senses	

SPECIAL BACK (THERAPEUTIC MUD AND LOCAL MASSAGE)	60min 75€
Application of therapeutic sea mud with arnica oil, ginger and essential oils that will help to soften the muscle tissue and then massage the back, neck and shoulders.	